

2021 Montana Youth Risk Behavior Survey



Students with Disabilities

(Students Who Received Help From a Resource Teacher, Speech Therapist, or Other Special Education Teacher at School)

Trend Report (1999-2021)

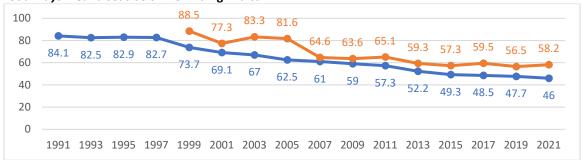
Youth Risk Behavior Survey Program Coordinated School Health Unit April 2022



Students with Disabilities (1999-2021)
Montana YRBS (1991-2021)

Unintentional Injuries and Violence

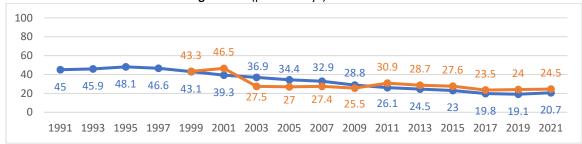
Did not always wear a seat belt when riding in a car



Did not always wear a seat belt when driving a car



Rode with driver who had been drinking alcohol (past 30 days)

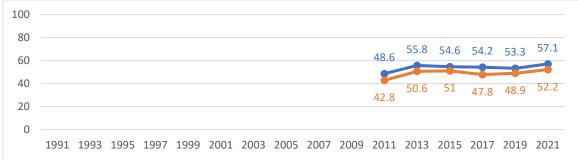


Drove when they had been drinking alcohol (past 30 days)

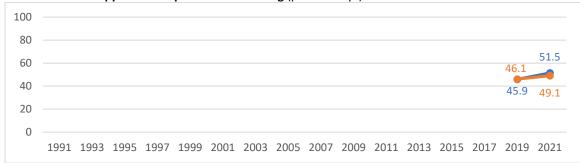


Students with Disabilities (1999-2021)
Montana YRBS (1991-2021)

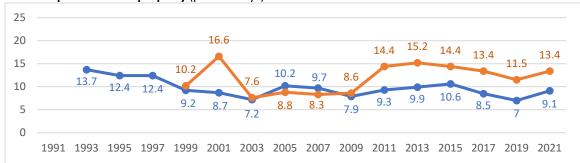
Texted or e-mailed while driving a car or other vehicle (past 30 days)



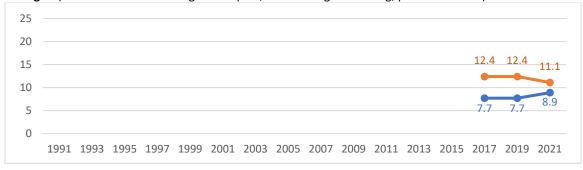
Used the Internet or Apps on their phone while driving (past 30 days)



Carried a weapon on school property (past 30 days)



Carried a gun (do not count for hunting or for sport, such as target shooting, past 12 months)



Students with Disabilities (1999-2021)
Montana YRBS (1991-2021)

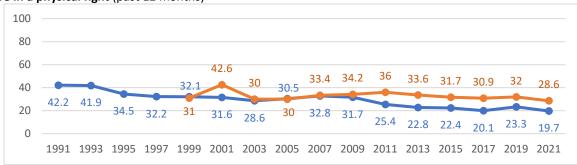
Were threatened or injured with a weapon on school property (past 12 months)



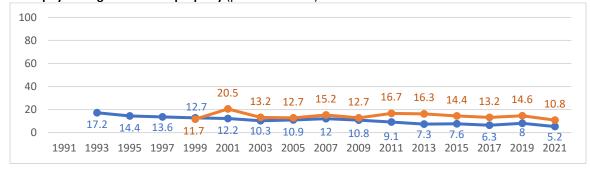
Did not go to school because they felt unsafe at school or on their way to or from school (past 30 days)



Were in a physical fight (past 12 months)

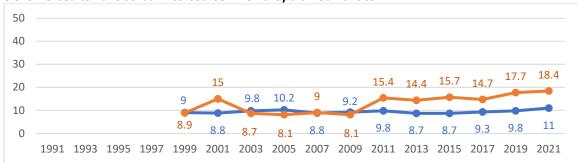


Were in a physical fight on school property (past 12 months)

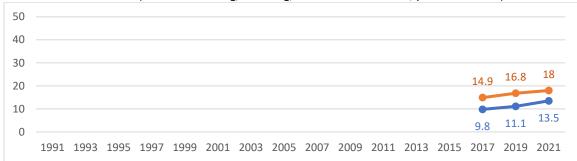


Students with Disabilities (1999-2021)
Montana YRBS (1991-2021)

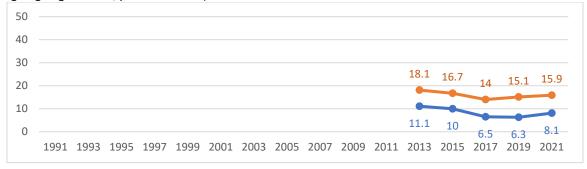
Were ever forced to have sexual intercourse when they did not want to



Experienced sexual violence (unwanted kissing, touching, or sexual intercourse, past 12 months)



Experienced sexual dating violence (unwanted kissing, touching, or sexual intercourse by someone they were dating or going out with, past 12 months)



Experienced physical dating violence (being hit, slammed into something, or injured with an object or weapon by someone they were dating or going out with, past 12 months)

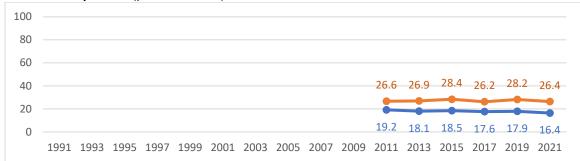


Students with Disabilities (1999-2021) Montana YRBS (1991-2021)

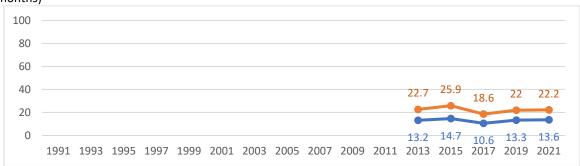
Were bullied on school property (past 12 months)



Were electronically bullied (past 12 months)



Were the victim of teasing or name calling because someone thought they were gay, lesbian, or bisexual (past 12 months)

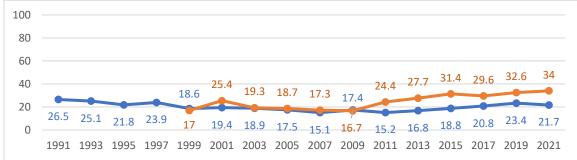


Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities (past 12 months)

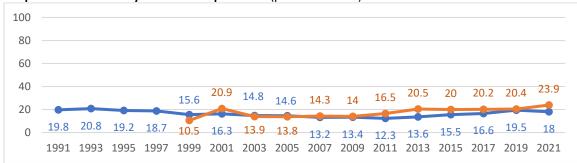


Students with Disabilities (1999-2021)
Montana YRBS (1991-2021)

Seriously considered attempting suicide (past 12 months)



Made a plan about how they would attempt suicide (past 12 months)



Actually attempted suicide (past 12 months)

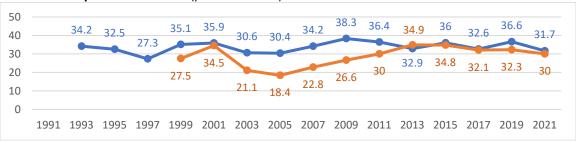


Had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (past 12 months)



Students with Disabilities (1999-2021)
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Among students who attempted suicide, had an attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (past 12 months)



Tobacco Use

Ever tried cigarette smoking



First tried cigarette smoking before age 13 years (whole cigarette 1993-2015), even one or two puffs (2017-current)



Currently smoked cigarettes (past 30 days)



Students with Disabilities (1999-2021)
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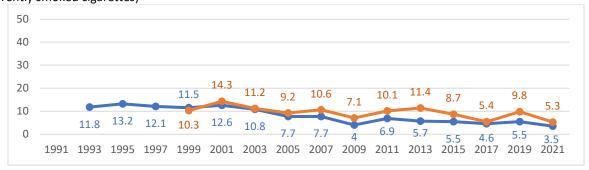
Currently smoked cigarettes frequently (on 20 or more of the past 30 days)



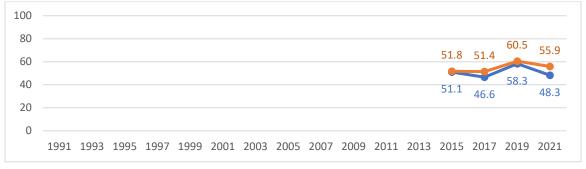
Currently smoked cigarettes daily (on all of the past 30 days)



Smoked more than 10 cigarettes per day (on the days they smoked during the past 30 days, among students who currently smoked cigarettes)

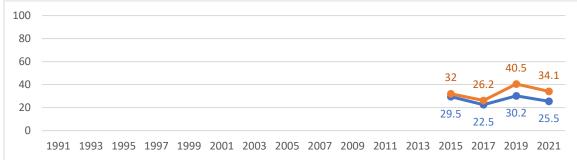


Ever used electronic vapor products (Including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods[such as JUUL, SMOK, Suorin, Vuse, and blu])

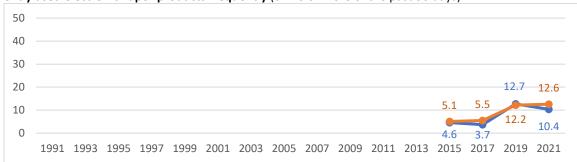


Students with Disabilities (1999-2021)
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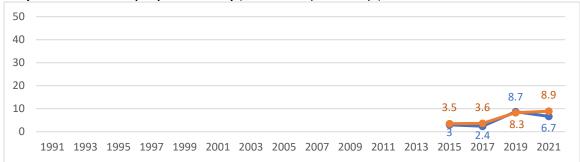
Currently used electronic vapor products (during the past 30 days)



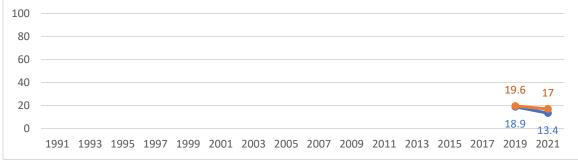
Currently used electronic vapor products frequently (on 20 or more of the past 30 days)



Currently used electronic vapor products daily (on all of the past 30 days)

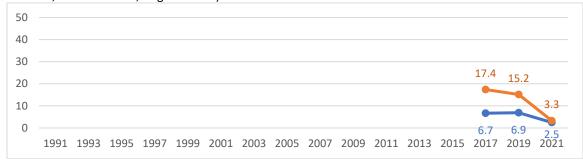


Used an electronic vapor product on school property (past 30 days)

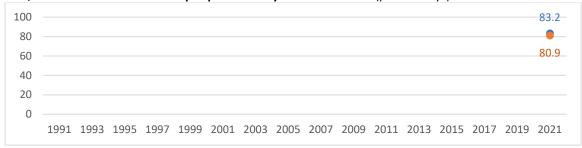


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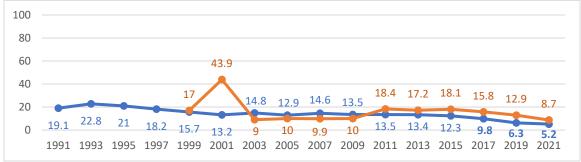
Usually got their own electronic vapor products by buying them in a store (such as a convenience store, supermarket, discount store, or gas station)



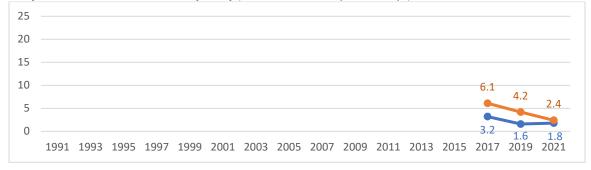
Used an electronic vapor product flavored to taste like an alcoholic drink, chocolate or other sweets, fruit, menthol, or mint as the electronic vapor product they used most often (past 30 days)



Currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, Copenhagen, **Camel Snus, Marlboro Snus, General Snus, Ariva, Stonewall, or Camel Orbs**, during the past 30 days)

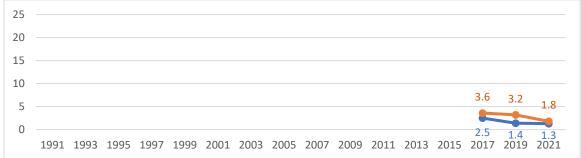


Currently used smokeless tobacco frequently (20 or more of the past 30 days)



Students with Disabilities (1999-2021) Montana YRBS (1991-2021)

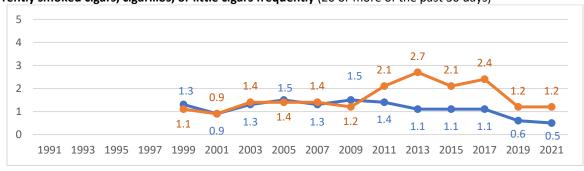
Currently used smokeless tobacco daily (past 30 days)



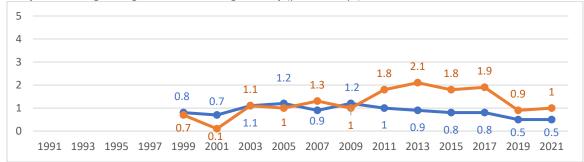
Currently smoked cigars, cigarillos, or little cigars (past 30 days)



Currently smoked cigars, cigarillos, or little cigars frequently (20 or more of the past 30 days)

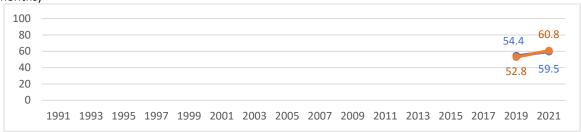


Currently smoked cigars, cigarillos, or little cigars daily (past 30 days)



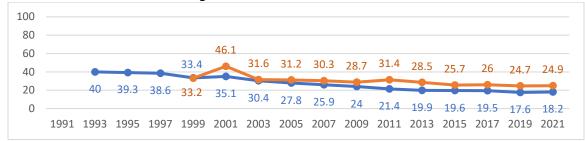
Students with Disabilities (1999-2021)
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Tried to quit using all tobacco products (cigarettes, cigars, smokeless tobacco or electronic vapor products, past 12 months)

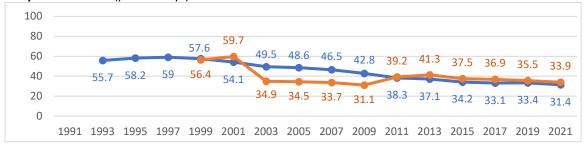


Alcohol and Other Drug Use

Had their first drink of alcohol before age 13



Currently drank alcohol (past 30 days)

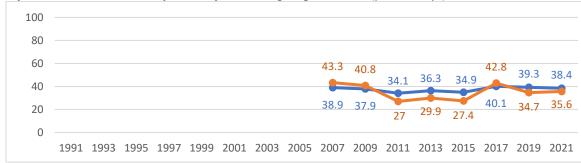


Currently were binge drinking (past 30 days, 1993-2015: five or more drinks of alcohol, within a couple of hours. 2017-current: four or more drinks in a row if female, five or more drinks in a row if male, within a couple of hours.)

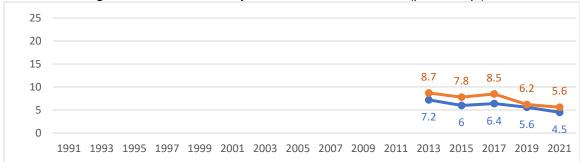


Students with Disabilities (1999-2021)
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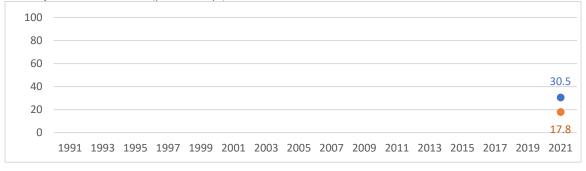
Usually obtained the alcohol they drank by someone giving it to them (past 30 days)



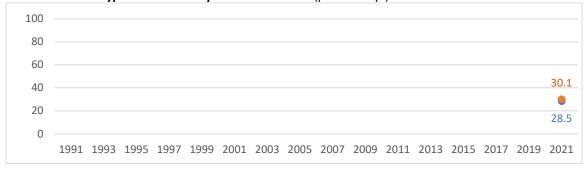
Reported that the largest number of drinks they had in a row was 10 or more (past 30 days)



Reported vodka or some other type of liquor (such as rum, scotch, bourbon, whiskey, or tequila) as the type of alcohol they drank most often (past 30 days)

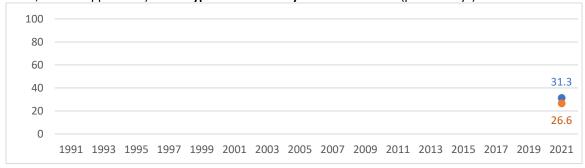


Reported beer as the type of alcohol they drank most often (past 30 days)

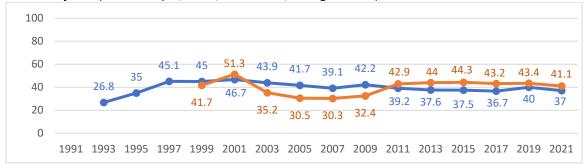


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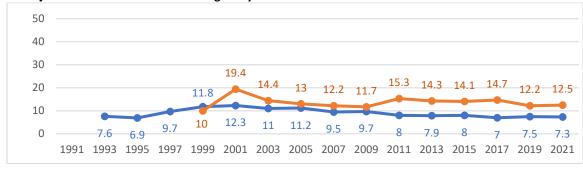
Reported flavored alcoholic beverages (such as hard seltzer, Smirnoff Ice, Bacardi Silver, Mike's Hard Lemonade, Four Loko, or hard apple cider) as the type of alcohol they drank most often (past 30 days)



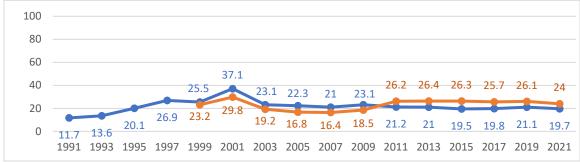
Ever used marijuana (also called pot, weed, or cannabis, during their life)



Tried marijuana for the first time before age 13 years

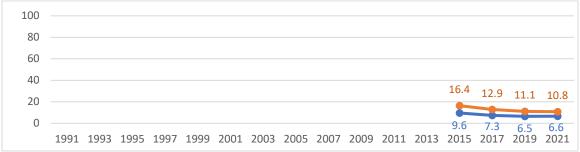


Currently used marijuana (past 30 days)

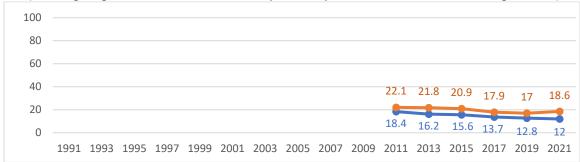


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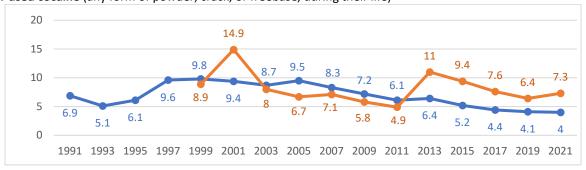
Ever used synthetic marijuana (also called "Spice," "fake weed," "K2," or "Black Mamba") during their life



Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, Hydrocodone, and Percocet, during their life)



Ever used cocaine (any form of powder, crack, or freebase, during their life)

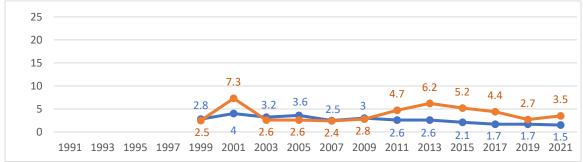


Ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, during their life)

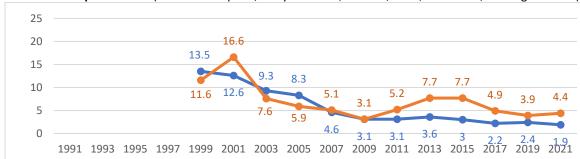


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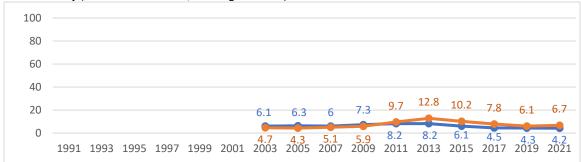
Ever used heroin (also called "smack," "junk," or "China White," during their life)



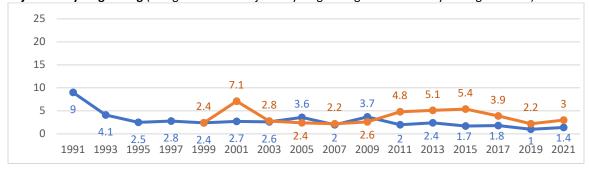
Ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," during their life)



Ever used ecstasy (also called "MDMA," during their life)

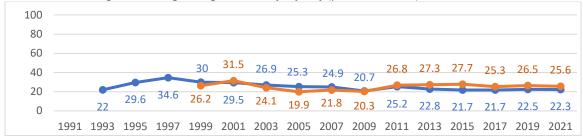


Ever injected any illegal drug (using a needle to inject any illegal drug into their body during their life)

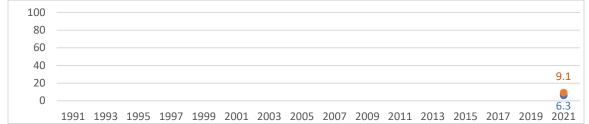


Students with Disabilities (1999-2021)
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Were offered, sold, or given an illegal drug on school property (past 12 months)



Used a hallucinogenic drug (such as LSD, acid, PCP, angel dust, mescaline, or mushrooms) during the past 30 days



Sexual Behaviors

Ever had sexual intercourse



Had sexual intercourse for the first time before age 13 years

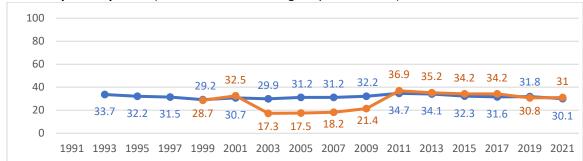


Students with Disabilities (1999-2021)
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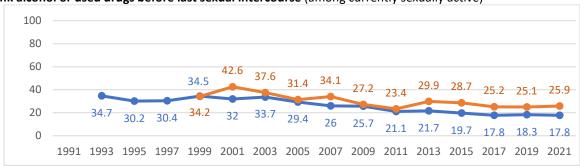
Had sexual intercourse with four or more persons (during their life)



Were currently sexually active (sexual intercourse during the past 3 months)



Drank alcohol or used drugs before last sexual intercourse (among currently sexually active)

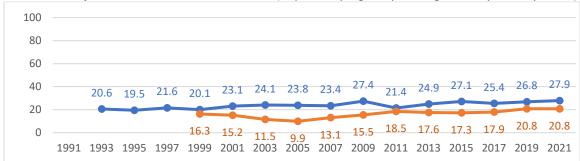


Used a condom during last sexual intercourse (among students who were currently sexually active)

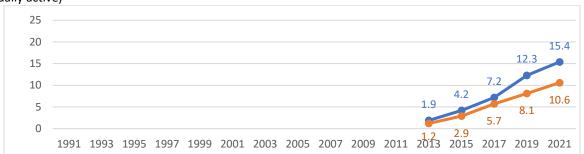


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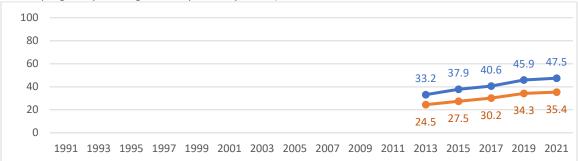
Used birth control pills before last sexual intercourse (to prevent pregnancy, among currently sexually active)



Used an IUD or implant during to prevent pregnancy last sexual intercourse (among students who were currently sexually active)



Used birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent pregnancy, among currently sexually active)



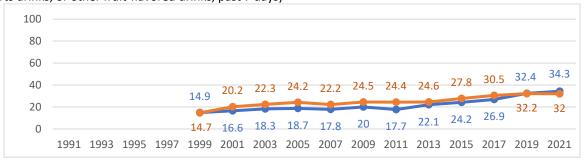
Did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)



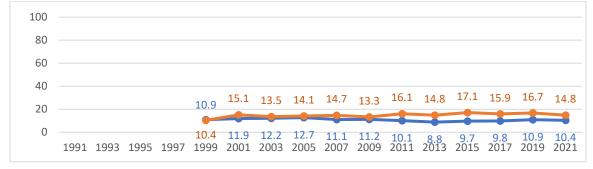
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Nutrition and Dietary Behaviors

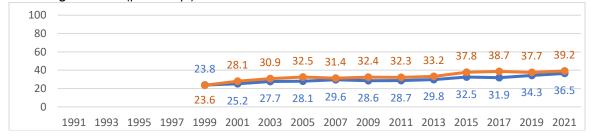
Did not drink 100% fruit juice (such as orange juice, apple juice, or grape juice, not counting punch, Kool-Aid, sports drinks, or other fruit-flavored drinks, past 7 days)



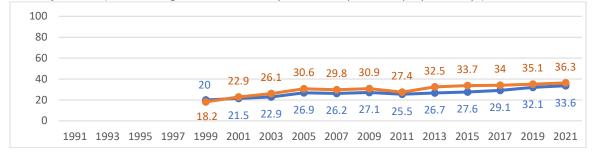
Did not eat fruit (past 7 days)



Did not eat a green salad (past 7 days)

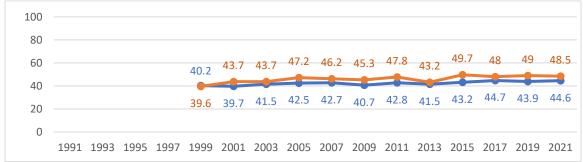


Did not eat potatoes (not counting French fries, fried potatoes, or potato chips, past 7 days)

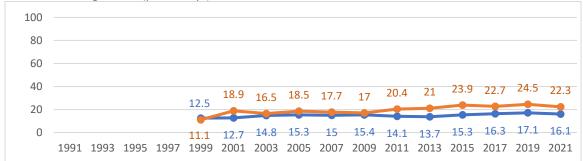


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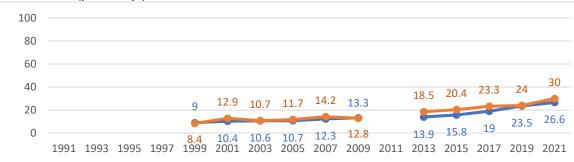
Did not eat carrots (past 7 days)



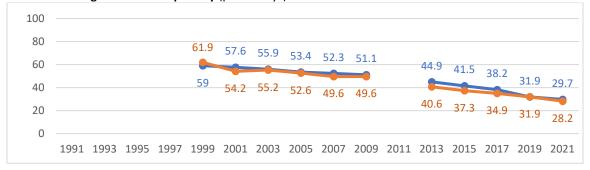
Did not eat other vegetables (past 7 days)



Did not drink milk (past 7 days)



Drank one or more glasses of milk per day (past 7 days)

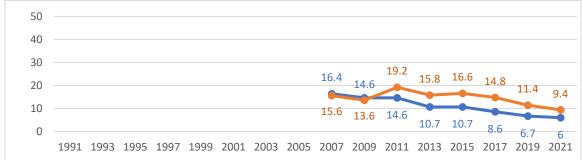


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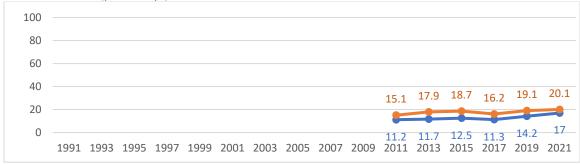
Drank a can, bottle, or glass of soda or pop ONE or more times per day (past 7 days)



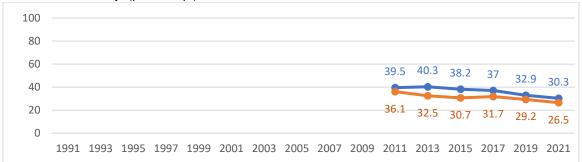
Drank a can, bottle, or glass of soda or pop TWO or more times per day (past 7 days)



Did not eat breakfast (past 7 days)



Ate breakfast on all 7 days (past 7 days)



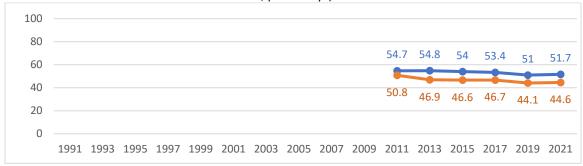
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Physical Activity

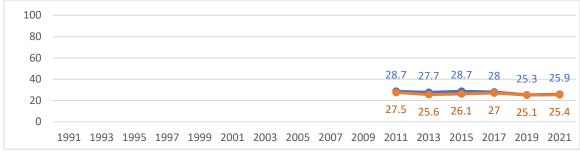
Did not participate in at least 60 minutes of physical activity on at least 1 day (past 7 days)



Were physically active at least 60 minutes per day on 5 or more days (physical activity that increased their heart rate and made them breathe hard some of the time, past 7 days)



Were physically active at least 60 minutes per day on all 7 days (past 7 days)

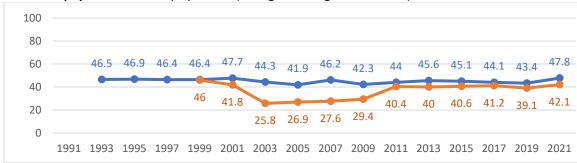


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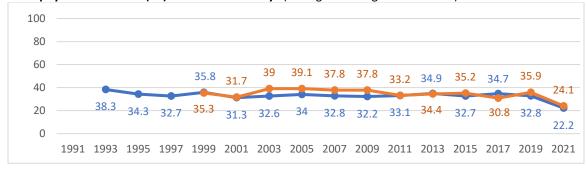
Spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)



Did not attend physical education (PE) classes (during an average school week)



Attended physical education (PE) classes on all 5 days (during an average school week)

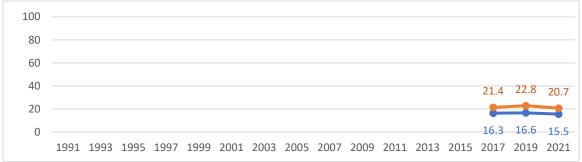


Played on at least one sports team run by their school or community groups (past 12 months)



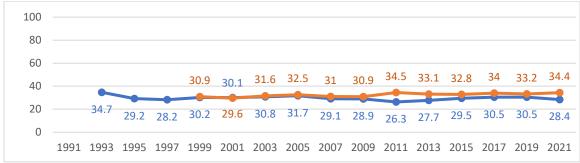
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Had a concussion from playing a sport or being physically active (past 12 months)



Overweight and Weight Control

Described themselves as slightly or very overweight



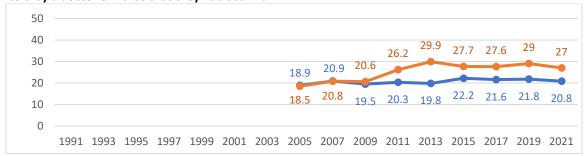
Were trying to lose weight



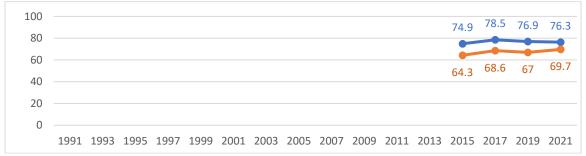
Students with Disabilities (1999-2021)
Montana YRBS (1991-2021)

Other Health Topics

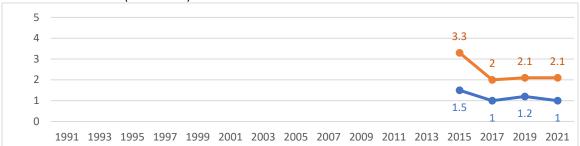
Ever told by a doctor or nurse that they had asthma



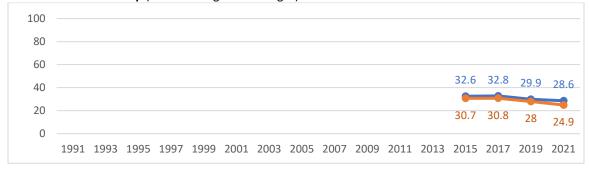
Saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, past 12 months)



Have never seen a dentist (in their life)

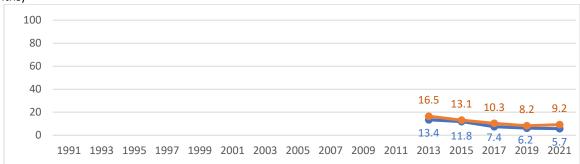


Got 8 or more hours of sleep (on an average school night)

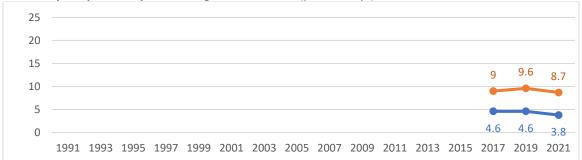


Students with Disabilities (1999-2021)
Montana YRBS (1991-2021)

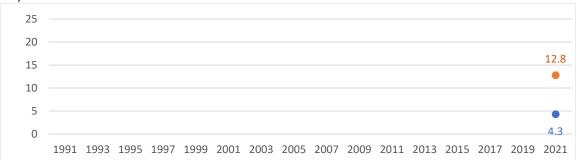
Used an indoor tanning device (such as a sunlamp, sunbed, or tanning both, not counting spray-on tan, past 12 months)



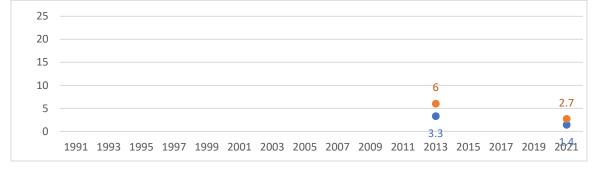
Did not usually sleep in their parent's or guardian's home (past 30 days)



Slept away from parents or guardians because they were kicked out, ran away, or were abandoned (past 12 months)

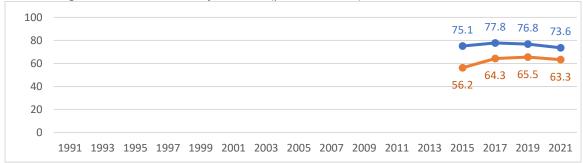


Always or most of the time went hungry because there was not enough food in their home (past 30 days)



Students with Disabilities (1999-2021)
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Described their grades in school as mostly A's or B's (past 12 months)



Montana YRBS Program

www.opi.mt.gov/yrbs
Susan Court, State Coordinator